



McKeel Academy Central & South McKeel Academy November Lunch Menu 2021

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| Nov. 1 Entrée Choices WG Mini Corn Dogs Yogurt Lunch Uncrustable Pizza (Grade 3 and up) Sides Baked Beans Celery Sticks w/dip Assorted Fruit Choice of Milk | 2 Entrée Choices Beef Tacos Yogurt Lunch Ucrustable Pizza (Grades 3 and up) Sides Pinto Beans Cob Corn Assorted Fruit Choice of Milk | 3 Entrée Choices Chicken Sandwich Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Sides Tater Tots Broccoli Cuts Assorted Fruit Choice of Milk | 4 Entrée Choices Salisbury Steak Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Sides Rice Sweet Potatoes Cabbage Assorted Fruit Choice of Milk | 5 Entrée Choices Pizza (All Grades) Yogurt Lunch Uncrustable Sides Potato Wedges Baby Carrots w/dip Assorted Fruit |
| 8 Entrée Choices Chicken Nuggetsw/roll Yogurt Lunch Uncrustable Pizza (Grades 3 & up) Sides Mashed Potatoes Broccoli w/dip Assorted fruit Choice of Milk | 9 Entrée Choices Beef Nachos Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Sides Refried Beans Cut Corn Assorted Fruit Choice of Milk | 10 Entrée Choices Cheeseburgers Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Sides French Fries Salad w/ Sliced Tomatoes Assorted Fruit Choice of Milk | 11 Entrée Choices Roast Pork w/Roll Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Sides Red Potatoes Green Beans Assorted Fruit Choice of Milk | 12 Entrée Choices Pizza (All Grades) Yogurt Lunch Uncrustable Sides Cut Corn Baby Carrots w/dip Assorted Fruit Choice of Milk |
| 15 Entrée Choices Chicken Tenders w/ Mac & Cheese Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Sides Broccoli w/Dip Lima Beans Assorted Fruit Choice of Milk | 16 Entrée Choices Tex Mex Bowl (Seasoned Beef or Chicken) Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Sides Black Beans Cut Corn Assorted Fruit Choice of Milk | 17 Entrée Choices Spaghetti w/Meat Sauce Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Sides Steamed Carrots Cucumbers w/dip Assorted Fruit Choice of Milk | 18 Entrée Choices Thanksgiving Meal Yogurt Lunch Uncrustable Pizza (Grades 3 and up) Sides Mashed Potatoes Sweet Potatoes Green Beans Dinner Roll Dessert Assorted Fruit Choice of Milk | 19 Fall Break |

Fall Break Nov. 19th through 26th

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| <p>29</p> <p>Entrée Choices WG Mini Corn Dogs Yogurt Lunch Uncrustable Pizza (Grade 3 and up)</p> <p>Sides Baked Beans Celery Sticks w/dip Assorted Fruit Choice of Milk</p> | <p>30</p> <p>Entrée Choices Beef Tacos Yogurt Lunch Ucrustable Pizza (Grades 3 and up)</p> <p>Sides Pinto Beans Cob Corn Assorted Fruit Choice of Milk</p> | <p>Dec. 1</p> <p>Entrée Choices Chicken Sandwich Yogurt Lunch Uncrustable Pizza (Grades 3 and up)</p> <p>Sides Tater Tots Broccoli Cuts Assorted Fruit Choice of Milk</p> | <p>Dec. 2</p> <p>Entrée Choices Salisbury Steak Yogurt Lunch Uncrustable Pizza (Grades 3 and up)</p> <p>Sides Rice Sweet Potatoes Cabbage Assorted Fruit Choice of Milk</p> | <p>Dec. 3</p> <p>Entrée Choices Pizza (All Grades) Yogurt Lunch Uncrustable</p> <p>Sides Potato Wedges Baby Carrots w/dip Assorted Fruit</p> |
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A full lunch includes an entrée (meats & grains), 1 fruit & two vegetable sides and a choice of milk.
Milk choices include Low-Fat White or Fat Free Chocolate Milk Daily.

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